

FOOD PRESCRIPTION

PULL THE #1 LEVER

WHAT'S THE #1 THING I KNOW I COULD DO EATING-WISE
TO MOST POSITIVELY CHANGE MY LIFE?

OPTIMIZE R_X FUNDAMENTALS

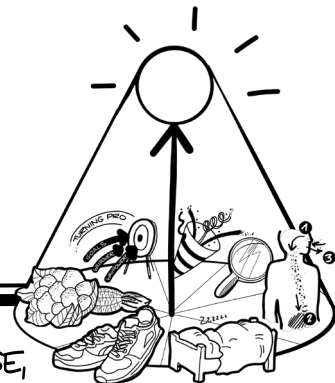
FOOD

OPTIMIZER

DATE

#1

#1 THING I WILL
CHANGE
EATING-WISE



THIS PRESCRIPTION WILL ENERGIZE, SO THAT YOU CAN
OPTIMIZE AND ACTUALIZE, VIRTUE-WISE, PEAK-PERFORMANCE-WISE,
AND SPIRITUALITY-WISE.