ABUNDANCE

HOW TO CREATE TRUE WEALTH IN YOUR LIFE
BY INVESTING WISELY IN YOUR INC.
AND
THE BEST WAY TO BECOME A BILLIONAIRE:)
ABUNDANCE 101
How to Create True Wealth in Your Life by Investing Wisely in You, Inc. (and the Best Way to Become a Billionaire)

1. The Ultimate Currency
   Happiness
   - Positive Affect
   - Life Satisfaction
   - Flourishing
   Psychological Wealth

2. Spiritual Economics
   Prosperity
   Influence
   Security
   Philanthropy
   Mindset

3. Invest in You, Inc.
   You, Inc.
   - Energy
   - Family
   - Service
   - Portfolio
   - Prizes

4. Big 3 Assets & the Vault
   Invest in
   Time
   Affluence
   Autonomy
   Information

5. 5 Steps to Getting What You Want
   1. Goal
   2. Problem
   3. Diagnosis
   4. Design
   5. Doing

6. Wealth via Profound Service
   Passion Mindset
   Connection
   Money Tree
   Other's Life

7. Your Brain on Money
   Money
   Life
   Psychological Well-Being

8. Actualize You, Inc.
   Create Ultimate Dividends
   Capitalize Mistakes
   Dissolve Dichotomies
   Spiritual & Material
The Ultimate Currency: Happiness

Worksheet

Keep your ultimate goal in mind:

Happiness

The rest will follow as a byproduct...

Work on your Eudaimonia

Are you growing personally?
Are you serving your community?

Are you constantly connected to your friends, family...?

How are you investing in your well-being?
1. **Make an inventory of your psychological wealth: How are you doing?**

   - **Are you enjoying life right now?**
   - **Current PERMA?**
     - **P** - Positive affect
     - **E** - Engagement
     - **R** - Relationship
     - **M** - Meaning
     - **A** - Flourishing

   **Negative experiences:**
   - Are you "suffering well"?
   - Are you experiencing both satisfaction and inspirational dissatisfaction?

2. **Keep track on your development...**

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Redefine Your Relationship To...

Prosperity
- what about yours?

Affluence
- what about yours?
- kindness
- generosity
- gratitude
- abundant flow

Security
- what about yours?
- anti-fragility
- confidence
- trust
- to be without care
1. In which ways are you currently investing in yourself?

2. Which areas need more investment?
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BIG 3 ASSETS + THE VAULT

THE WORKSHEET

BALANCE YOUR PORTFOLIO

STATUS AND POTENTIAL IN THESE AREAS?

ENERGY

FAMILY

SERVICE

OPEN YOUR SECRET VAULT

WHICH HABITS ARE SERVING ME?

WHICH HABITS ARE LIABILITIES?

HOW CAN YOU REVERSE THEM/TRANSFORM THEM INTO SOMETHING GOOD?

if → then:

if → then:

if → then:

if → then:

if → then:

if → then:

if → then:
WEALTH VIA PROFOUNDED SERVICE

WHAT DO YOU LOVE TO DO SO MUCH YOU'D PAY TO DO IT?

How can you serve in a unique, humble, and profound way?

Are you committed to mastery? How can you become the best you can be?

Profound Service

Servant Mindset

Passion Mindset

Craftsman Mindset
1. **Attention Economics**

   Which information do you want to allow in?

2. **Time Affluence**

   Go through your day - are you spending your time wisely?

   6  9  12  3  6  1  12

3. **Autonomy**

   In which areas do you feel autonomous - & where do you not?
1. Fresh Appreciation & Gratitude
   Your Last Investments - Do you see the 'Bigger Picture'?

2. How can you enjoy the process of circulating?
How do you spend your money?

1. Stuff vs. Experiences, Growth, Connections
2. Yourself vs. Others?
3. To buy time?
4. Buying now & enjoying later?

Analysis

Action

- How can you use your wealth to create more value?

- Which micro-interactions can you create today?

Money

Life

Psychological well-being
CAPITALIZE MISTAKES
WHAT FAILURES AND LEARNINGS HAVE YOU EXPERIENCED OVER THE LAST WEEKS?

DISSOLVE DICHOTOMIES
WHAT'S YOUR CURRENT RATIO?

ULTIMATE DIVIDENDS
DO YOU ALREADY NOTICE WHERE WELL INVESTED TIME & ENERGY IS COMING BACK TO YOU?
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TAKE AWAY
THE WORKSHEET

WHAT'S YOUR BIGGEST IDEA?

RECAP IN YOUR OWN WORDS OR VISUALS

SHARE WITH SOMEONE