CONQUERING CANCER
102 RETHINKING CANCER: THEORY AND THERAPY
CONQUERING CANCER
102
RETHINKING CANCER: THEORY AND THERAPY

1. BAD MATH

2. GENES VS. METABOLISM

3. RECON CELLS + CYBRIDS

4. OTTO WARBURG + PET-SCANS

5. GOOD GARDENERS
   + ICECUBES + SYSTEMS VS. SYMPTOMS

6. CANCER’S Achilles:
   METABOLIC INFLEXIBILITY

7. CACHEXIA
   WEIGHT LOSS

8. RADICAL REMISSION
   + SELF-EFFICACY 101
   + YOU AS CEO

9. FUTURE CANCER CLINICS
   + YOUR OWN OPTIMIZE OASIS
   + DR. PEPPER VS. DANDELION GREENS

10. YOU AS CEO OF
    PROJECT

NATURAL TEXT:

OPTIMIZE ME
1. What are the statistics you have been told? The prognosis you (or your friend/family member) got?

2. Have you been informed about the metabolic theory, read or heard about it?

3. Any sources of information you could access in addition to this class?
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GENES VS. METABOLISM
THE WORKSHEET

SMT
SOMATIC MUTATION THEORY

GENETIC MUTATIONS THEORY

WHAT IS YOUR CURRENT APPROACH AND THERAPY TO CANCER?

SYSTEMS APPROACH

METABOLIC THEORY
CANCER CAUSED BY DISFUNCTIONAL METABOLISM

METABOLIC PROCESS

YOU MAY WANT TO READ AND SHARE THIS

ARTICLE
CONQUERING CANCER 102
RECON CELLS + CYBRIDS
THE WORKSHEET

NUCLEUS

CYTOPLASM (MITOCHONDRIA AS METABOLISM POWERHOUSE)

HEALTHY NUCLEUS

HEALTHY CYTOPLASM

ACCORDING TO METABOLIC THEORY, YOUR ENERGY METABOLISM CAN BE REHABILITATED VIA THERAPEUTIC NUTRITION AND OTHER MODALITIES TO SHUT OFF GROWTH OF CANCER

TAKE NOTES: HOW WOULD YOU DESCRIBE THE FINDINGS IN YOUR OWN WORDS? (BIG IDEA 3 STARTS AT 24:40)
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OTTO WARBURG + PET SCANS

THE WORKSHEET

# First Quick Inventory

**How are you taking care of your nutrition currently? Critical areas?**

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

![Diagram]

- Cancer cells feed on sugar.
- Glucose metabolism lights up where cancer feeds on it to thrive its own growth.
- Measuring glucose metabolism with PET scans.
1. Let's starve cancer! What about your glucose intake?

2. Are you aware of what you eat in a day/during a week? What about a diet diary?

3. Are you in control of what you eat or dependent on something/someone?

Scientific ketogenic approach as targeted nutritional strategy
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CACHEXIA: WEIGHT LOSS - THERAPEUTIC VS PATHOLOGICAL

THE WORKSHEET

BMI

BODY MASS INDEX

IS

SHOULD BE

EXERCISE

TRAINING, WORKOUT, MOVEMENT - WHAT ABOUT YOU?

MAKE SURE TO GET YOUR TEAM (FAMILY, DOC...) ON BOARD WHEN OPTING FOR A HEALTHY THERAPEUTIC WEIGHT LOSS! WHO NEEDS TO BE INFORMED?
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FUTURE CANCER CLINICS + YOUR OWN OPTIMIZE OASIS + DR PEPPER VS DANDELION GREENS

THE WORKSHEET

IMAGINE BEING HEALTHIER AFTER

- IV TREATMENTS
- INFRARED SAUNA (CLEAR LIGHT, LOW EMF)
- HYPERBARIC TREATMENTS (OXYGEN)
- MASSAGE/SPA

MY OPTIMIZE OASIS

- POWER
- PLACE
- PEOPLE

WHAT CAN BE ADDITIONAL TREATMENTS TO MAKE YOU HEALTHIER?

WHAT DOES YOUR POWER PLACE FOR REGAINING ENERGY LOOK LIKE?

ADDITIONAL LAB TESTS YOU MAY WANT TO CONSIDER

- GLUCOSE LEVEL
- HEMOGLOBIN A1c
- HS-CRP (SYSTEMIC INFLAMMATION)
- VITAMIN D
Health care providers and advisors are your staff and report to you. Do they? What needs to change?

You are the decision maker.

Act like that! Where do you need a bit more CEO-attitude?
WHAT'S YOUR BIGGEST IDEA?

RECAP IN YOUR OWN WORDS OR VISUALS

SHARE WITH SOMEONE