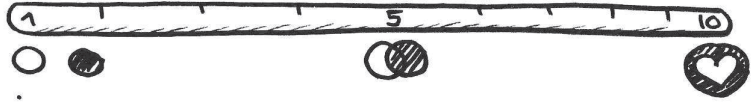


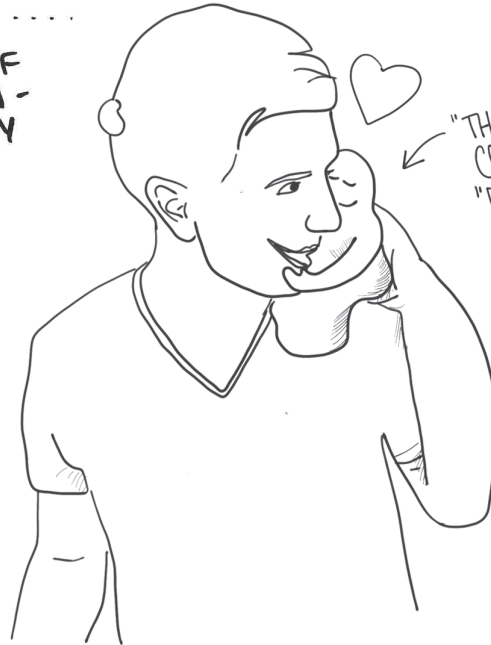
# #1 KEY TO HAPPINESS & FLOURISHING

THE  
WORKSHEET

**1** RATE AND DESCRIBE YOUR OVERALL RELATIONSHIP WITH YOUR INNER SOUL...



**2** WHICH PARTS OF YOUR RELATIONSHIP ARE PRETTY GOOD?



"THE OTHER"  
CONSCIENCE /  
"DAIMON"

WHICH AREAS  
NEED WORK



**3** WHAT IS ONE LITTLE THING THAT YOU CAN DO TODAY, TO IMPROVE YOUR RELATIONSHIP?

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