

GET TO THE STARTING LINE

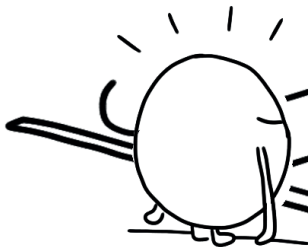
THE
WORKSHEET



WHAT LITTLE THINGS WOULD YOU LIKE TO DO
THAT YOU MIGHT BE TALKING YOURSELF OUT OF ?



WHAT'S THE STORY YOU ARE TELLING YOURSELF
WHY YOU CANT DO IT ?



WHAT'S TODAYS STEP
TO THE STARTING LINE ?