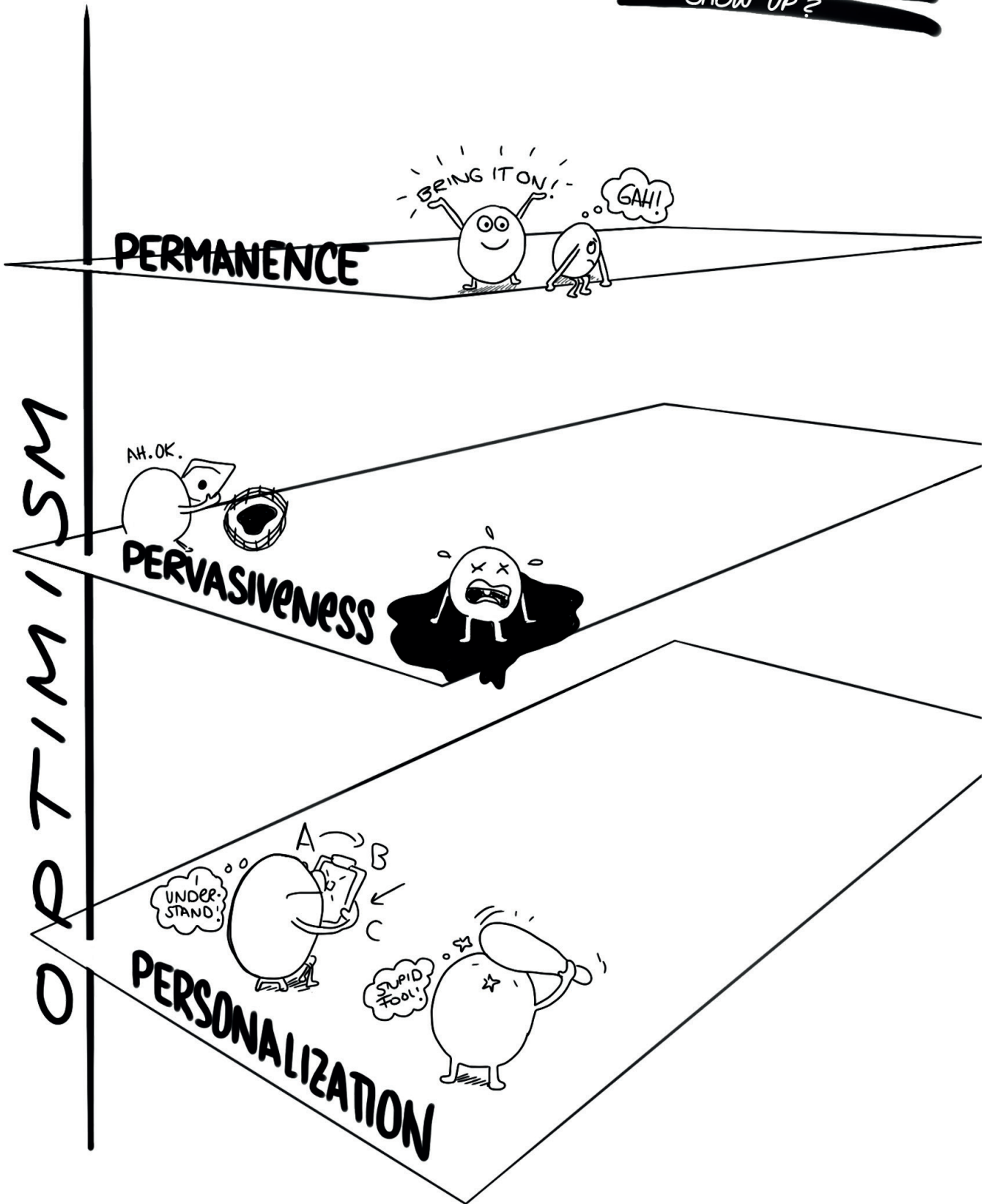


HOW TO LEARN OPTIMISM

THE WORKSHEET

HOW DO YOU SHOW UP?



OPTIMISM